# Dopamine released by dendritic cells polarizes T<sub>h</sub>2 differentiation

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#### **Abstract**

A major neurotransmitter dopamine transmits signals via five different seven transmembrane G protein-coupled receptors termed D1-D5. It is now evident that dopamine is released from leukocytes and acts as autocrine or paracrine immune modulator. However, the role of dopamine for dendritic cells (DCs) and Th differentiation remains unclear. We herein demonstrate that human monocyte-derived dendritic cells (Mo-DCs) stored dopamine in the secretary vesicles. The storage of dopamine in Mo-DCs was enhanced by forskolin and dopamine D2-like receptor antagonists via increasing cyclic adenosine 3',5'-monophosphate (cAMP) formation. Antigen-specific interaction with naive CD4<sup>+</sup> T cells induced releasing dopamine-including vesicles from Mo-DCs. In naive CD4<sup>+</sup> T cells, dopamine dose dependently increased cAMP levels via D1-like receptors and shifts T-cell differentiation to T<sub>b</sub>2, in response to anti-CD3 plus anti-CD28 mAb. Furthermore, we demonstrated that dopamine D2-like receptor antagonists, such as sulpiride and nemonapride, induced a significant DC-mediated T<sub>n</sub>2 differentiation, using mixed lymphocyte reaction between human Mo-DCs and allogeneic naive CD4<sup>+</sup> T cells. When dopamine release from Mo-DCs is inhibited by colchicines (a microtubule depolymerizer), T-cell differentiation shifts toward T<sub>h</sub>1. These findings identify DCs as a new source of dopamine, which functions as a T<sub>h</sub>2-polarizing factor in DC-naive T-cell interface.

#### Introduction

Dendritic cells (DCs), the most powerful antigen-presenting cell (APC) of the immune system, play a critical role in the induction of primary immune responses and immunological tolerance as well as for the regulation of  $T_h1$  and  $T_h2$  immune responses (1). They reside in an immature state in many non-lymphoid tissues such as the skin or airway mucosa which are under high exposure of pathogens and chemicals. Therefore, the surrounding microenvironment affects their character as professional APC.

It is well known that the ligands for many isoforms of toll-like receptors, including certain nucleic acids, LPSs and fungus-derived glycoprotein molecules, alter the DC function and induce  $T_h1$  differentiation in an antigen non-specific manner (2). In this process, IL-12 produced by DCs is clearly correlated with sensitization of  $T_h1$  lymphocytes in vitro and in vivo among the factors that have been shown to influence the  $T_h1-T_h2$  balance (3).

On the other hand, DCs matured in the presence of prostaglandin  $E_2$  (PGE2), histamine or forskolin induce the differentiation of naive CD4 $^{\rm +}$  T cells toward  $T_{\rm h}2$  via the cyclic adenosine 3′,5′-monophosphate (cAMP) cascade (4–6). Several reports by others have shown the up-regulation of the CD86 surface expression of APC (7, 8) or the suppression of IL-12 production (9, 10) to be associated with an increased  $T_{\rm h}2$  response. However, which specific molecules positively induce a significant  $T_{\rm h}2$  differentiation during the interaction between DC and naive CD4 $^{\rm +}$  T cells still remains to be clarified and the contribution of the DC itself to  $T_{\rm h}2$  differentiation remains unclear.

It is now clear that T-cell activation requires a zone of adhesive, direct contact with APCs popularly known as the immune synapse (11). The immune synapse exhibits many similarities with classical neuronal synapses, including a requirement for cell-to-cell adhesion and close membrane

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apposition. In addition, triggering of cell surface receptors leads to intracellular signal transduction in both structures (12). Recent studies revealed that some neurotransmitters, such as serotonin (5-HT) and glutamate secreted by DCs, were released for naive T cells during DC-T-cell interaction, leading to activate T cells in mice and humans (13, 14).

Dopamine is a major monoamine neurotransmitter in the central nervous system, being involved in functions, such as movement, endocrine regulation and cardiovascular function. In the periphery, dopamine is primarily the precursor of noradrenaline and adrenaline, the major neurotransmitter of the sympathetic nerve system and the major adrenomedulary hormone, respectively. In dopamine-producing cells, the rate-limiting step in catecholamine biosynthesis is the oxidation of tyrosine to dihydroxyphenylalanine (DOPA) by tyrosine hydroxylase (TH). Next, DOPA is decarboxylated to dopamine by aromatic L-amino acid decarboxylase and stored in vesicles. TH is activated by an increased level of cAMP (15).

Five types of dopamine receptors termed D1-D5 have been identified to date (16). They belong to the family of seven transmembrane G protein-coupled receptors (GPCRs) and they have been classified into two subgroups, based on the genomic structure and pharmacological properties. D1 and D5 form the D1-like group that couples with the G $\alpha$ s class of G proteins, leading to an increase in intracellular cAMP formation, while D2, D3 and D4 form the D2-like group that couples with the G $\alpha$ i class of G proteins, leading to a decrease in intracellular cAMP formation (16).

Until a few years ago, dopamine was considered mainly as a conventional neurotransmitter and a neuroendocrine mediator; however, the influence of dopamine on immune cells has received much attention because of the presence of dopamine receptors on T cells. In both in vitro and in vivo studies, dopamine has been shown to either inhibit the proliferation and production of cytokines or induce the apoptosis of lymphocytes, therefore indicating an immunosuppressive activity (17, 18). Although the presence of catecholamine synthetic pathway in lymphocytes has been already described in 1994 (19), recent reports showed that regulatory T (Treg) cells (20) and polymorphonuclear cells (21), such as macrophages and neutrophils, are also capable of de novo production of catecholamines. These evidences contribute to understand the cross-talk between the immune and nervous systems.

Because schizophrenia is associated with excessive stimulation of D2-like receptors by dopamine (22), the D2-like antagonist is the most widely used treatment for schizophrenia. In schizophrenic patients, it has been reported that the expression of D2-like receptors increased not only in the brain (23) but also in the immune cells (24, 25) when compared with non-schizophrenic patients. This finding suggests that D2-like antagonists may modulate cytokine balances via D2-like receptors on immune cells. Indeed, several studies have assessed serum or plasma levels of both IFN-γ and IL-4 (26, 27). It is noteworthy that IFN-γ-IL-4 levels in plasma are significantly higher in medication-naive (first onset) or medication-free schizophrenic patients than in healthy controls and that the increased levels of IFN-γ-IL-4 attenuated by effective neuroleptic treatment (26). We herein hypothe-

sized that DCs, which are ubiquitously distributed in peripheral tissues where they serve as immune sensors, are one of the major sources of dopamine and that dopamine is released upon interaction with naive CD4<sup>+</sup> T cells, thereby regulating  $T_h 1-T_h 2$  polarization.

In the present study, we demonstrated that human monocyte-derived dendritic cells (Mo-DCs) stored dopamine and that dopamine was released upon interaction with naive CD4<sup>+</sup> T cells, thereby polarizing  $T_h2$  differentiation via cAMP formation in naive CD4<sup>+</sup> T cells.

#### Methods

Preparation of human Mo-DCs and T lymphocytes

Human Mo-DCs and CD45RA<sup>+</sup> naive T cells (>99% purity) were prepared as previously described (28). The study using peripheral blood of healthy volunteers was approved by Saitama Medical University Ethics Committee.

# Immunofluorescent detection of dopamine

Immature Mo-DCs, stimulated with 10 μM forskolin (Sigma), 0.1 µM sulpiride (a selective D2-like receptor antagonist) or  $10^{-7}$  M  $\alpha$ -methyl-para-tyrosine (a TH inhibitor) for 48 h, were collected, prefixed with 50 mM cacodylate and 1% sodium metabisulfite (MBS) and fixed with 5% glutaraldehyde (GA) in 0.1 M cacodylate and 1% MBS for 15 min. After washing with 1% MBS in 50 mM Tris (Tris-MBS) twice, the cells were incubated with or without rabbit anti-dopamine pAb (Chemicon, Temecula, CA, USA) in Tris-MBS containing 0.05% Triton X and FcR-blocking reagent (Miltenyi Biotec) for 30 min at 4°C, followed by FITC-conjugated anti-rabbit IgG (Sigma) for 30 min at 4°C. After washing with Tris-MBS, samples were mounted on cover glasses and visualized with a Radiance 2000 confocal laser scanning microscope (Bio-Rad, Tokyo, Japan) and then were analyzed with a FACSCalibur (BD Biosciences).

#### Light and electron microscopy

Immature Mo-DCs, stimulated with 10 µM forskolin for 48 h. were fixed as described in the Immunofluorescent detection of dopamine. After being washed with 1% MBS in 50 mM Tris (Tris-MBS) twice, for the preparation of cryostat sections, the cells were cryoprotected with 10% sucrose in Tris-MBS overnight. The cryostat sections (6 µm) were treated with endogenous peroxidase-blocking solution (Dako S2001, Dako, Kyoto, Japan) for 10 min and then were incubated overnight at 4°C with rabbit anti-dopamine polyclonal antibody (Chemicon). After washing with Tris-MBS, the sections were treated with a peroxidase-antiperoxidase streptavidin-biotin conjugating system (Dako K0679; Dako) and then were visualized by conventional light microscopy using liquid diaminobenzidine precipitant (Dako K3465). They were then post-fixed with 2% osmium tetroxide for 1 h, dehydrated in graded series of ethanol and embedded in epoxy resin. When detecting with gold particles, the post-embedding method was performed. Fixed cells were dehydrated in a graded series of ethanol and embedded in LR White resin. Ultrathin sections were blocked for 30 min with 2% skim milk in PBS and then incubated overnight at 4°C with rabbit anti-dopamine polyclonal antibodies (Chemicon). After washing with PBS, ultrathin sections were treated with anti-rabbit IgG gold conjugate (15 nm, RPN 422V, Amersham) for 60 min, washed with PBS and post-fixed with 2.5% GA. Ultrathin sections were observed by a JEM 1010 electron microscope (JEOL, Tokyo, Japan). The specificity of the above immunoreactivity was confirmed by the substitution of the primary antiserum for PBS.

# Measurement of intracellular Ca2+

Intracellular free Ca2+ was measured in fura-2-labeled DCs using an AQUACOSMOS system (Hamamatsu Photonics, Shizuoka, Japan) equipped with a Nikon epifluorescence microscope (TE2000-U; Nikon, Tokyo, Japan). Briefly, immature Mo-DCs were incubated with 2 μM fura-2 AM ester (Biotium, Hayward, CA, USA) for 30 min at 37°C in RPMI. The cells were washed twice and re-suspended in RPMI. The fluorescence traces after stimulation were followed fluorospectrometrically, and the ratio between absorption at 340 nm and that at 380 nm was calculated.

#### Measurement of intracellular cAMP

Immature Mo-DCs and CD4<sup>+</sup> naive T cells (10<sup>5</sup> cells per 100 μl in 96-well plates) were incubated at 37°C in PBS containing 0.5% FCS and 1 mM 3-isobutyl-1-methyl-xanthine (nacalai tesque, Kvoto, Japan). After 10 min. dopamine (10<sup>-6</sup> to 10<sup>-</sup> <sup>8</sup> M) was added in the presence or absence of 0.1 μM sulpiride or 1 μM SCH-23390. As a positive control, forskolin (10 µM, Sigma) was used instead. Ten minutes later, to terminate the stimulation and to lyse the cells, cell lysis buffer was added, and the cells were incubated for 10 min. cAMP levels were determined using the CatchPoint<sup>TM</sup> cyclic-AMP fluorescent assay kit (Molecular Devices, Osaka, Japan), according to the manufacturer's instructions.

# Human T-cell clones and the observation of DC-T-cell interaction by time-lapse video microscopy

Human CD4 T-cell clone BC33.5, which recognizes the peptide antigen BCGap84-100 in the context of DRA/DRB1\*1405, was established in our previous studies (29, 30). Immature autologous Mo-DCs, stimulated with 10 µM forskolin for 48 h and pulsed with BCGap84-100 peptide, were collected and washed two times with PBS, and  $1 \times 10^4$  DCs were seeded on a 35-mm glass-base dish (Iwaki, Funabashi, Japan). The dish was placed into a culture chamber on the microscope and maintained at 37°C in a 5% CO<sub>2</sub> atmosphere during observation. The time-lapse images were recorded with Nikon TE2000 inverted phase contrast microscopy (×40 objective lens) equipped with a cooled charge-coupled device camera (ORCA-ER, Hamamatsu Photonics) and AQUACOSMOS imaging system (Hamamatsu Photonics). One minute after the addition of  $1 \times 10^5$  BC33.5 (t = 0), we started to collect images every 30 s for 60 min.

# Reverse transcription-PCR analysis of GATA-3 gene

HLA-DR-non-shared PBMCs of two healthy individuals were co-cultured to induce a mixed lymphocyte reaction (MLR).

Cells were co-cultured with IL-4 (10 ng ml<sup>-1</sup>) and anti-IFN-y antibody (10  $\mu$ g ml<sup>-1</sup>) or alternatively dopamine alone (0.1 μM). Dopamine was added to culture wells twice a day. Cells were incubated for 3 days, followed by extraction of total RNA using TRIzol Reagent (Invitrogen Life Technologies, Carlsbad, CA, USA). The obtained total RNA was subjected to cDNA synthesis by the SuperScript II RnaseH<sup>-</sup> reverse transcriptase (Invitrogen Life Technologies) using oligo (dT) primers.  $\beta$ -Actin gene transcripts were amplified as internal controls for the reverse transcription-PCR assay. The sense and anti-sense primers specific for  $\beta$ -actin genes were designed as described previously (31). The sense and antisense primer sequences specific for GATA-3 gene were 5'-GAATGCCAATGGGGACCCTG-3' and 5'-CTAACCCATGGC-GGTGACCA-3', respectively.

### DC-mediated T-cell differentiation assay

After washing, immature Mo-DCs were stimulated with the adjuvants to be tested. Two days after the incubation with adjuvants, cellular components were further co-cultured with HLA-DR-non-shared allogeneic CD4<sup>+</sup> naive T cells to induce MLR in RPMI 1640 medium supplemented with 10% human serum for 8 days. Thereafter, T cells were re-stimulated with anti-CD3 and anti-CD28 plate-bound antibodies (10 and 1 μg ml<sup>-1</sup>; BD Pharmingen). Culture supernatants were harvested after 16 h to be subjected to IL-5 and IFN-y determination by ELISA.

# FACS analysis and ELISA

Immature Mo-DCs were incubated for 48 h with 10 μg ml<sup>-1</sup> LPS, 10  $\mu$ M forskolin, 10<sup>-7</sup> M dopamine or 0.1  $\mu$ M sulpiride. The cells were labeled with anti-CD80 PE and anti-CD86 PE (BD Biosciences) and analyzed using a FACSCalibur flow cytometer and Cell Quest software (BD Biosciences). The culture supernatants were analyzed by ELISA for IL-12p70 (R&D Systems) according to the manufacturer's instructions.

### Statistical analysis

Comparisons between sets of two groups were performed using Student's two-tailed t-test, while sets of more than two groups were compared by analysis of variance.

#### Results

# Mo-DCs store dopamine

Dopamine is present in lymphocytes, macrophages and neutrophils and is synthesized in these cells from tyrosine via the intermediary L-dopa (21, 32). However, the storage of dopamine in DCs remains obscure. We therefore first investigated the storage of dopamine in human Mo-DCs. Because cAMP-elevating agents can increase the rate of dopamine synthesis and storage via activating TH activity in dopamine-producing cells, we stimulated Mo-DCs with forskolin and stained them for dopamine. Light micrographs revealed that dopamine was abundantly stored in Mo-DCs (Fig. 1A and B). Furthermore, immunoelectron microscopical observation revealed that dopamine is stored in vesicles near the plasma membrane (Fig. 1C-E). These results

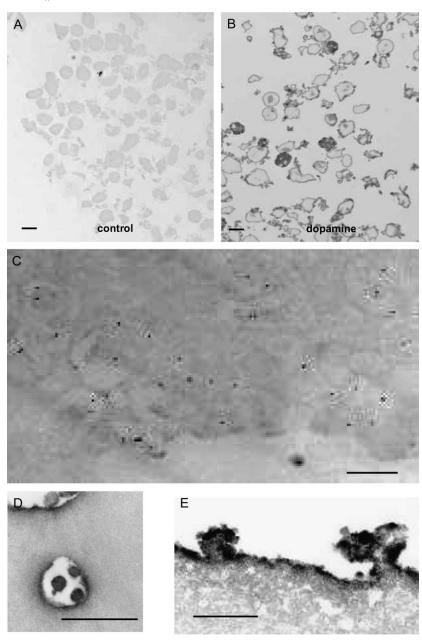


Fig. 1. Immunostaining for dopamine in forskolin-stimulated Mo-DCs. Immature Mo-DCs, stimulated with 10 µM forskolin for 48 h, were fixed and stained as described in the Methods. (A) Light micrographs of control staining. (B) Light micrographs of positive staining. Scale bars, 10 µm. (C-E) Electron micrograph of Mo-DCs. DCs were fixed and labeled with polyclonal anti-dopamine antibody. Antibody was detected with 15-nm gold particles (C) or HRP (D and E). Scale bar, 500 nm.

suggested that Mo-DCs were also able to synthesize and store dopamine in the cells.

Dopamine storage in DCs is regulated by cAMP-TH pathway We previously reported that Mo-DCs expressed both D1-like and D2-like receptors (28). To evaluate which of the two dopamine receptor subgroups dominantly influence the Mo-DC function, we examined the intracellular Ca<sup>2+</sup> mobilization and cAMP formation of Mo-DC, in response to exogenously added dopamine. As shown in Fig. 2(A and B), dopamine induced transient Ca2+ mobilization and decreased cAMP

formation in Mo-DCs. These dopamine-mediated changes were completely inhibited by pretreatment with sulpiride, a selective D2-like antagonist. On the contrary, D1-like antagonists did not exhibit such an inhibitory activity (data not shown). These results suggested that the D2-like receptor is functionally dominant over D1-like receptor in Mo-DCs.

Because dopamine storage was abundant in forskolinstimulated DCs, we hypothesized that DCs also synthesized dopamine via the cAMP-TH pathway. To examine this hypothesis, we analyzed dopamine storage in Mo-DCs after stimulation with or without forskolin. As shown in Fig. 2(C),

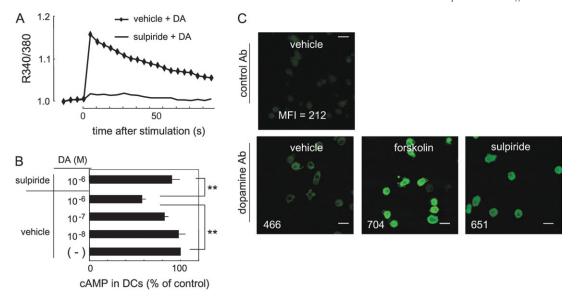


Fig. 2. The regulation of dopamine storage in DCs (A) Intracellular calcium mobilization. Fura-2 AM-loaded Mo-DCs were pre-treated with 0.1  $\mu$ M sulpiride or vehicle at 37°C for 30 min and were stimulated with  $10^{-7}$  M dopamine. The results are representative of three experiments. (B) cAMP formation in Mo-DCs. Mo-DCs were pre-treated with 3-isobutyl-1-methyl-xanthine and with or without pretreatment with 0.1 μM sulpiride and stimulated with dopamine (10<sup>-6</sup> to 10<sup>-8</sup> M). cAMP levels were determined with a cAMP fluorescent assay kit. Each data point represents the percentage of the control (dopamine 0 M). The results are representative of three experiments. Standard deviations are shown as error bars. Statistically significant differences are indicated by asterisks (\*\*P < 0.01 versus dopamine 10<sup>-6</sup> M). (C) Immature Mo-DCs, stimulated with 10  $\mu$ M forskolin or 0.1 μM sulpiride for 48 h, were fixed and stained as described in the Methods. Indicated numbers are the mean fluorescence intensity analyzed by a FACSCalibur. The results are representative of two experiments. Scale bars, 20 μm.

forskolin increased dopamine storage in Mo-DCs. This result suggested that dopamine storage in Mo-DCs was regulated by the cAMP-TH pathway. In general, dopamine receptors expressed on dopamine-producing cells exist to regulate dopamine synthesis in the cells. D1-like receptors augment the phosphorylation of TH by increasing cAMP and subsequently promote dopamine synthesis. In contrast, D2-like receptors control the phosphorylation of TH by decreasing levels of cAMP, thus resulting in the suppression of dopamine synthesis (33). This means that the signaling balance between D1-like and D2-like receptors regulates dopamine synthesis and storage. We therefore hypothesized that antagonizing D2-like receptors on Mo-DCs increases dopamine storage in Mo-DCs. To test this hypothesis, we analyzed dopamine storage in Mo-DCs after stimulation with a D2-like receptor antagonist sulpiride. As expected, sulpiride also increased dopamine storage in Mo-DCs (Fig. 2C). This phenomenon was observed in Mo-DCs treated with nemonapride, another D2-like receptor antagonist (data not shown). All these results collectively indicate that DCs synthesize dopamine via the cAMP-TH pathway and that antagonizing D2-like receptor increases dopamine synthesis and storage by sustaining the cAMP elevation.

# Mo-DCs release dopamine against T cells after antigenspecific DC-T-cell interaction

To examine that dopamine is released by DCs upon interaction with CD4<sup>+</sup> T cells, we then observed the interactions between human CD4+ T-cell clone BC33.5, which recognizes BCGap84-100 peptide (29, 30), and immature autologous Mo-DCs stimulated with forskolin in the presence or absence

of BCGap84-100 peptide, under time-lapse video microscopy. After dendrite-mediated contact with T cells, many peptide-pulsed DCs, but not non-pulsed DCs, released numerous granules (Fig. 3A). Because dopamine was present at vesicles as granules in Mo-DCs (Fig. 1), this result suggested that these granules released by Mo-DCs contained dopamine. We therefore compared the level of dopamine storage in Mo-DCs before and 2 h after DC-T-cell contact by flow cytometric analysis. As shown in Fig. 3(B), the storage of dopamine in peptide-pulsed DCs after DC-T-cell contact was decreased. These results suggested that antigenspecific interaction with CD4+ T cells enabled Mo-DCs to release dopamine-including vesicles.

#### T-cell response to dopamine

The D1-like receptors are expressed on both DCs and T cells, whereas D2-like receptors are marginally expressed on CD4+CD45RA+ naive T cells (28). We then evaluated the cAMP formation within CD4+CD45RA+ T cells in response to exogenously added dopamine. As shown in Fig. 5(A), dopamine increased cAMP formation in CD4+CD45RA+ T cells. This dopamine-mediated cAMP elevation in CD4+CD45RA+ T cells was completely inhibited by the pretreatment with SCH-23390, a selective D1-like antagonist (Fig. 5B). These results suggested that D1-like receptors are functionally dominant in CD4+CD45RA+ T cells. Because the presence of cAMP-elevating agents at priming reportedly predisposes T cells to differentiate toward the T<sub>h</sub>2 phenotype (34–36), we next evaluated IL-4 and IL-5 secretion from CD4<sup>+</sup>CD45RA<sup>+</sup> T cells which were stimulated by anti-CD3/CD28 antibodies and simultaneously added dopamine. Indeed, dopamine

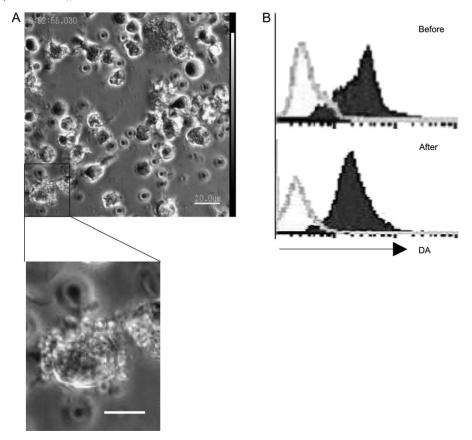


Fig. 3. The interaction between cloned human CD4+ Tcells and immature autologous Mo-DCs, stimulated with 10 μM forskolin and pulsed with or without peptide. (A) One representative image of DC-T interaction. The result is from four different movies in two independent experiments. Scale bars, 20 µm. (B) The change of dopamine storage in Mo-DCs. Before (top) and 2 h after (bottom) DC-T-cells co-culturing, dopamine storage in peptide-pulsed DCs was visualized by dopamine staining (filled histograms). Open histograms indicate isotype-matched control IgG. Figures represent three independent experiments.

increased both IL-4 and IL-5 secretion from CD4+CD45RA+ T cells induced by anti-CD3/CD28 antibodies in a dose-dependent manner (Fig. 5C), indicating that dopamine induced T<sub>b</sub>2 polarization via D1-like receptors on naive CD4<sup>+</sup> T cells. To determine whether dopamine exhibits GATA-3-inducing activity, we observed GATA-3 mRNA expression in an MLR, under various conditions. As shown in Fig. 4(D), GATA-3 expression was significantly increased in an MLR under T<sub>h</sub>2inducing conditions, i.e. in the presence of IL-4 and anti-IFN-y antibody. Furthermore, addition of dopamine alone in an MLR induced increased GATA-3 mRNA expression. The series of results suggested that dopamine, synthesized and stored in DCs, was released upon interaction with naive CD4<sup>+</sup> T cells, thereby inducing T<sub>h</sub>2 polarization, in a mechanism reminiscent of neurotransmission (Fig. 4D). In this sense, DCs and naive T cells correspond to presynaptic neurons and post-synaptic neurons, respectively.

High levels of dopamine released by DCs polarizes  $T_h2$ differentiation

To examine whether or not dopamine emissions from DC influence T<sub>h</sub>1-T<sub>h</sub>2 differentiation, we checked cytokine profiles and the expression of chemokine receptors such as CXCR3 (as a T<sub>h</sub>1-type chemokine receptor) and CCR4 (as a T<sub>h</sub>2type chemokine receptor) in a DC-mediated T cell differentiation assay using human Mo-DCs (37, 38), via stimulation with several chemicals. In this assay system, chemicals were co-incubated with DCs alone: T cells were not exposed to these chemicals. LPS and forskolin were used as positive controls for a Th1 and a Th2 adjuvant, respectively. The exposure of DCs to D2-like antagonists, such as sulpiride and nemonapride, led to a high IL-5:IFN-γ ratio (Fig. 5A) and resulted in growth of cells expressing CCR4 and a decrease in cells expressing CXCR3 (Fig. 5B), thus suggesting that antagonizing D2-like receptors on Mo-DCs induced Th2 polarization when these Mo-DCs were co-cultured with naive T cells. By contrast, SCH-23390 (a specific D1-like antagonist) led to a low IL-5:IFN-y ratio (Fig. 5C), indicating that D1-like antagonists shift toward T<sub>h</sub>1 response. Furthermore, when Mo-DCs were pre-treated with colchicine (a microtubule depolymerizer) to decrease exocytosis, allogeneic naive CD4<sup>+</sup> T cells then differentiated into T cells with T<sub>h</sub>1-prone cytokine profile (Fig. 5C). D2-like antagonists did not affect the expression levels of CD86 on DCs or IL-12 secretion by DCs (Fig. 5D and E). These results suggested that high levels of dopamine within the DC-naive T-cell junctions induced cAMP production, thereby facilitating T<sub>h</sub>2 differentiation. All these findings demonstrated that dopamine released by

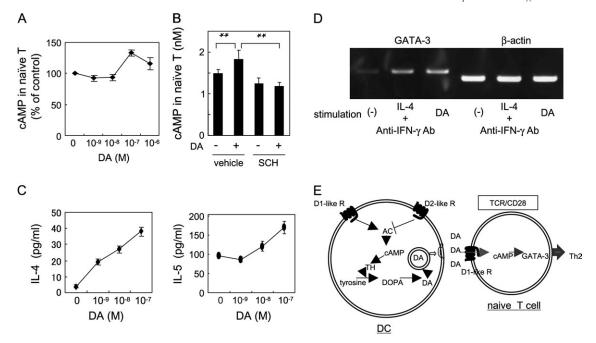


Fig. 4. T-cell response to dopamine (A and B) cAMP formation in naive CD4+ T cells. Naive CD4+ T cells were pre-treated with 3-isobutyl-1methyl-xanthine and stimulated with dopamine (10<sup>-6</sup> to 10<sup>-9</sup> M) (A). Each data point represents the percentage of the control (dopamine 0 M). Naive CD4<sup>+</sup> T cells were pre-treated with 3-isobutyl-1-methyl-xanthine and with or without 1 µM SCH-23390 and stimulated with 10<sup>-7</sup> M dopamine (B). The results are representative of three experiments. Standard deviations are shown as error bars. Statistically significant differences are indicated by asterisks (\*\*P < 0.01 versus dopamine 10 $^{-7}$  M). (C) IL-4 and IL-5 induction of CD4<sup>+</sup> naive T cells. Purified human CD4<sup>+</sup> naive T cells were stimulated with anti-CD3 and anti-CD28 plate-bound antibodies and with the indicated concentrations of dopamine. The levels of IL-4 and IL-5 in the culture supernatants after 16 h were determined by ELISA. Standard deviations are shown as error bars. The results are representative of two experiments. (D) GATA3 expression levels induced by an MLR. Cells were co-incubated with IL-4 and anti-IFN-γ antibody, or with 10<sup>-7</sup> M of dopamine alone, and were subjected to reverse transcription-PCR analysis. (E) A conceptual model for dopamine in DC-naive T-cell interaction. In DC, cAMP-TH pathway may exist and be controlled by dopamine receptors. In DC-naive T interaction, high local concentrations of dopamine released by DC may induce further cAMP formation and IL-5 production.

DCs upon interaction with naive CD4<sup>+</sup> T cells, thereby inducing T<sub>h</sub>2 polarization.

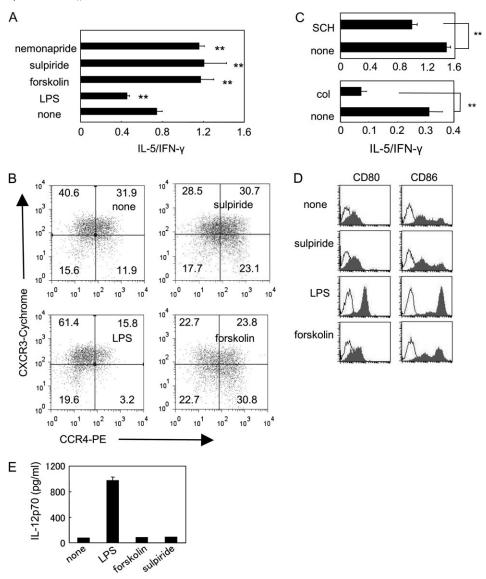
#### Discussion

In our current study, we have first demonstrated that DCs. which are ubiquitously distributed in peripheral tissues where they serve as immune sensors, are indeed one of the major sources of dopamine. Human Mo-DCs mainly expressed D1 and D2 among five subtypes of dopamine receptors (28). In human Mo-DCs, the storage of dopamine might be mainly regulated by the signaling balance between D1 and D2 via regulating cAMP formation. Because exogenously added dopamine decreased cAMP formation in Mo-DCs via D2, the expression of D2 on Mo-DCs might function as an autoreceptor led to decreasing the storage of dopamine via decreasing cAMP formation in itself. The D2-like receptor antagonist sulpiride increased dopamine storage in Mo-DCs without the use of dopamine, probably because sulpiride functions as an inverse agonist (39), leading to increasing cAMP formation in Mo-DCs.

Because we focused on the role of dopamine receptors in DC-T-cell interaction in the current study, we did not investigate the uptake of dopamine by dopamine transporters (DATs) and the exocytosis of dopamine. However, levodopa, the metabolic precursor of dopamine, dose dependently in-

creased dopamine storage in Mo-DCs (data not shown), suggesting that Mo-DCs have available DATs. With regard to the exocytotic release of dopamine, DCs released numerous granules in response to ionomycin (10 μM) (data not shown), indicating the association with Ca2+ influx. This result suggests that certain molecules expressed on DCs trigger Ca<sup>2+</sup> influx, leading to the degranulation of dopamine. In the current study, the degranulation needed antigenspecific interaction between DCs and T cells. Initial DC-T-cell adhesion-mediated scanning facilitates recognition of antigen-MHC complexes by the TCR. Several pairs of adhesion molecules are involved in the initial adhesive interactions such as leukocyte function-associated antigen (LFA)-3-CD2, ICAM-1,-3-LFA-1 or DC-SIGN-ICAM-3. Because naive T cells highly express ICAM-3 which can provide co-stimulatory signals to T cells and which has been localized at the APC-T cell interface (40, 41), DC-SIGN-ICAM-3 is thought to be the most important adhesive interaction. The engagement of DC-SIGN by specific antibody triggers PLC<sub>2</sub> phosphorylation and Ca2+ influx in Mo-DCs (42), suggesting that the adhesive interaction with DC-SIGN-ICAM-3 is able to trigger the exocytosis of dopamine from DCs. Further studies are therefore needed to elucidate these questions.

In dopaminergic neurons, calculated dopamine concentration within 1 ms after unitary synaptic release is 100-250 nM within 1 μm (43). Because the space at DC-T-cell



**Fig. 5.** DC-mediated  $T_h1-T_h2$  differentiation. Immature Mo-DCs were stimulated with indicated chemicals. The cells were subjected to 'DC-mediated T-cell differentiation assay' as described in the Methods. (A and C) Graphs showing IL-5:IFN-γ ratio. Immature Mo-DCs were stimulated with 3 nM nemonapride, 0.1 μM sulpiride, 10 μg ml<sup>-1</sup> LPS, 10 μM forskolin (A), 1 μM SCH-23390 or 0.5 μg ml<sup>-1</sup> colhicine (C) for 2 days. Standard deviations are shown as error bars. Statistically significant differences are indicated by asterisks (\*\*P < 0.01 versus none). The results are representative of three experiments. (B) Expression of chemokine receptors on T cells. After DC-mediated T-cell differentiation assay, the expression of CXCR3 and CCR4 on T cells was determined by flow cytometry. The percentage of cells in each quadrant is given. (D and E) The effects of dopamine and the D2 antagonist on the surface molecules and IL-12 production of DCs. Immature Mo-DCs were incubated for 48 h with vehicle, 10 μg ml<sup>-1</sup> LPS, 10 μM forskolin, 10<sup>-7</sup> M dopamine or 0.1 μM sulpiride. The cells were stained with mAb to CD80, CD86 (filled histograms) or an isotype control (open histograms) and analyzed by flow cytometry (D). Culture supernatants were analyzed by ELISA for IL-12p70 (E). The results are representative of three experiments.

synapses is within 1  $\mu$ m (Fig. 3A), the concentration of dopamine in the synapse is estimated to be 100–250 nM, thus indicating that T cells might be exposed to a relatively high concentration of dopamine during DC–T-cell interaction. We have shown that 100 nM is the most effective concentration to induce cAMP formation in naive CD4<sup>+</sup> T cells.

We herein demonstrated that dopamine stored in DCs is released upon interaction with naive CD4<sup>+</sup> T cells and increases cAMP formation in naive CD4<sup>+</sup> T cells, thereby regulating  $T_h1-T_h2$  polarization. In a word, dopamine might function as a  $T_h2$ -polarizing factor during DC-naive T-cells

interaction. In the DC-mediated T-cell differentiation assay, although we have shown only IL-5:IFN- $\gamma$  ratio, we have already reported that IL-5:IFN- $\gamma$  ratio correlated with IL-4:IFN- $\gamma$  ratio in this assay system (37). DC-mediated T<sub>n</sub>2 polarization by D2-like antagonists well corroborates with the observation by others that T<sub>n</sub>1 polarization in medication-free schizophrenic patients is attenuated by effective neuroleptic treatment (27). It is also likely from our current results that other substances that affect the cAMP-TH pathway and dopamine storage polarize T<sub>h</sub>1-T<sub>h</sub>2 differentiation. Indeed, PGE<sub>2</sub> and histamine have been reported to carry T<sub>h</sub>2 adjuvant activity (4, 44).

Their receptors belong to the family of seven transmembrane GPCRs, and both PGE2 and histamine mediate the GascAMP pathway in Mo-DCs (1, 45). Their Th2 adjuvant activities have been thought to depend on the suppression of IL-12 secretion from DCs via cAMP formation. However, because they can also up-regulate the cAMP-TH pathway, it is likely that their T<sub>h</sub>2 adjuvant activity results from the increased dopamine storage in DCs. In fact, PGE2 increased the dopamine storage in Mo-DCs as much as forskolin did (data not shown). It is highly likely that the level of dopamine storage in DCs is affected not only by medication but also by microorganisms and environmental chemicals.

Since the discovery of two distinct types of T<sub>h</sub> cells (IFN-γproducing T<sub>h</sub>1 cells and IL-4-producing T<sub>h</sub>2 cells) in mice by Coffman et al. (46), mutual regulation between Th1 cells and T<sub>h</sub>2 cells (T<sub>h</sub>1-T<sub>h</sub>2 balance) has been considered to be important for homeostatic maintenance of the immune system. For example, dysregulation of the T<sub>h</sub>1-T<sub>h</sub>2 balance leads to excessive T<sub>h</sub>1 cell or T<sub>h</sub>2 cell activation, resulting in the development of autoimmune diseases associated with accumulation of T<sub>h</sub>1 cells or induction of allergic diseases due to accumulation of T<sub>h</sub>2 cells, respectively (47). However, changes in autoimmune diseases that could not be explained by the T<sub>h</sub>1-T<sub>h</sub>2 paradigm were also observed in several settings: unexpectedly, IFN-γ-IFN-γR deficiency or neutralization resulted in exacerbation, rather than attenuation, of development of autoimmune diseases such as murine encephalomvelitis (48. 49), arthritis (50, 51), uveitis (52, 53) and nephritis (54), which have classically been considered to be Th1-mediated diseases. Studies for non-Th1-Th2 cell-based mechanisms for the pathogenesis of autoimmune diseases identified two additional T<sub>h</sub> cell subsets, i.e. IL-17-producing T<sub>h</sub> cells (T<sub>h</sub>17 cells) and Treg cells. These cells provided new insight into the molecular mechanisms involved in immune responses and/or disease development and led to revision of the classic T<sub>h</sub>1-T<sub>b</sub>2 paradigm in such settings. We demonstrated that antagonizing D1-like receptors and D2-like receptors polarized T<sub>h</sub>1 and T<sub>b</sub>2 differentiation, respectively. Moreover, we have recently found that antagonizing D1-like receptors inhibit IL-17producing T<sub>h</sub> cells as well as induce IFN-γ-producing T<sub>h</sub>1 cells in murine encephalomyelitis (28). Furthermore, in Treg cells, catecholamine-dependent down-regulation of Treg cells is selectively reversed by antagonizing D1-like receptors (20). Taken all together, antagonizing D1-like receptors may be a useful treatment for several autoimmune diseases and allergic disorders.

In summary, we first demonstrated that DCs synthesize and store dopamine and that dopamine released by DCs is critical for a qualitative fate of T-cell differentiation. We propose that dopamine may therefore play a role in many diseases attributable to an imbalance of T<sub>h</sub> cells and that dopamine and dopamine receptors in immune cells can be therapeutic targets.

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#### Abbreviations:

DOPA

antigen-presenting cell

cAMP cyclic adenosine 3',5'-monophosphate

DAT dopamine transporter DC

dendritic cell DC-SIGN dendritic cell-specific intracellular adhesion molecule-3-

> grabbing non-integrin dehydroxyphenylalanine

GΑ glutaraldehyde

**GPCR** G protein-coupled receptors **ICAM** intracellular adhesion molecule I FA leukocyte function-associated antigen

**MBS** sodium metabisulfite MLR mixed lymphocyte reaction Mo-DC monocyte-derived dendritic cell

PGE<sub>2</sub> prostaglandin E2 TH tyrosine hydroxylase

regulatory T

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